THE
GOOD NEWS
Good Shepherd Mission Hospital & College of Nursing Newsletter

Good Shepherd Hospital TB Clinic Review
Digital Stories Workshop
Maternity Waiting Rooms Official Opening
Good Shepherd Takes ART To The Community

GOOD SHEPHERD
IMPROVING THE QUALITY OF LIFE FOR THE PEOPLE OF LUBOMBO AND THE KINGDOM OF SWAZILAND.

IN THIS ISSUE
> Good Shepherd Hospital TB Clinic Review
> Digital Stories Workshop
> Maternity Waiting Rooms Official Opening
> Good Shepherd Takes ART To The Community

Also Inside: Medical and Surgical Department News | Projects Update | New Appointments
Good Shepherd Mission Hospital and College of Nursing is governed by dedicated Governing Body consisting of not less than nine (9) members. In 2009, the Hospital was transformed to a Government Parastatal under Category A of the Public Enterprises (Control and Monitoring) Act of 1989. The Governing Body is now composed according to Public Enterprises Act.

The main aims and objectives of the Hospital and College is to promote the concept of healing and wholeness in a Christian spirit as a state of physical, mental and spiritual well being as provided in the constitution of the World Health Organization.

About Us
Good Shepherd Mission Hospital and College of Nursing is located in the historical town of Siteki, in the Lubombo Region of Swaziland and is owned by the Catholic Diocese of Manzini under the leadership of His Excellency Monsignor (Bishop) José Luis Ponce de León. It is governed by a Governing Body and was established by the Catholic Church in Swaziland in 1949, with the College of Nursing established in 1976. In June 1970, the hospital was handed over to the Medical Mission Sisters from Netherlands for Administration and in 1985 it was localised.

In 2009, the Hospital was transformed to a Government Parastatal under Category A of the Public Enterprises Act of 1989. The Governing Body is now composed according to the Public Enterprises Act.

The Good News
The Good News is the official Newsletter publication of Good Shepherd Mission Hospital and College of Nursing and has been designed to inform and educate our valued readers on the latest news, events and projects on-going at Good Shepherd Mission Hospital.

Publication Team
**PUBLICATION DIRECTOR**
Mrs D.C. Simelane

**EDITOR**
Mr M.E. Simelane

**CONTRIBUTORS**
Ms B. Ntimba, Mrs F.Nxumalo, Maxwell Lokothwayo, Mfundo Mhlanga, Andrew Jele, Muziwandile Simelane

**PUBLISHER**
Good Shepherd Mission Hospital and College of Nursing

**DESIGN & LAYOUT**
Barcode Creative (PTY) LTD

**PRINTERS**
Apollo Printers

Good Shepherd Mission Hospital and College of Nursing is a fully functional Hospital headed by the Chief Executive Officer and is supported by the below listed appointments/departments.
## VISION

Good Shepherd Mission Hospital & College of Nursing

To be Swaziland’s leading hospital in patients’ experience, clinical outcomes, research and education.

## MISSION

Good Shepherd Mission Hospital & College of Nursing

Improve the health of the people served by providing quality care; a spiritually fulfilling, comprehensive range of services, convenient and timely access with exceptional service and compassionate care through committed staff and train nurses to deliver health care services to a culturally diverse population within a variety of health care settings.

## AIMS & OBJECTIVES

Good Shepherd Mission Hospital & College of Nursing

The main aims and objectives of the Hospital is to promote the concept of healing and wholeness in a Christian spirit as a state of physical, mental and spiritual well being.

As stipulated in our Code of Ethics, our concern for the sick and suffering are part of our church’s mission in the world, which is to manifest the love and mercy of God, as a continuation of the example given by Jesus Christ throughout his entire public life on earth, who came that “all may have life in abundance” (John 10:10.)

It is therefore worth mentioning that Catholic health facilities give witness to this special mission of the church in the following ways:

To promote the concept of healing and wholeness in a Christian spirit as a state of physical, mental and spiritual well being as provided in the constitution of the World Health Organisation.

To cooperate with the Ministry of Health in providing medical, paramedical, education and related health services in the Lubombo Region.

To serve clients keeping in mind the policy of the Ministry of Health which seek to achieve HEALTH FOR ALL BEYOND THE YEAR 2015.

To emphasise the promotion of health and self-care in the region, with relevant services in the clinics and hospitals.

To integrate with other agencies such as the Ministry of Health Stakeholders, Non-profit making Organisations, Community Based Organisations, Faith based Organisations in health promotion of the Swazi Nation.

To be consistent in service excellence by providing continuous training to our employees at their different levels.

To collaborate with the Ministry of Health Stakeholders, Non-profit making Organisations, Community Based Organisations, Faith based Organisations in health promotion of the Swazi Nation.

## FEATURE

Palliative Care Success

“Phumzile Sikhonze’s Success Story” - Pg 10

## REGULARS

### Governance & Editorial

- About Us - Organization Profile, Governing Board & Management: Pg 2
- From The CEO’s Desk: Pg 4
- Editor’s Note: Pg 4

### On Call

- Examining GSMH Medical & Surgical Departments: Pg 6

### Healthcare Network:

- GSMH Works The National TB Hospital: Pg 6

### Community News:

- Community ART services: Pg 7

### Partners & Projects:

- GSMH & COMDIS-HSD Tackle Public Health: Pg 8
- New Eye Clinic OPD Building: Pg 8
- Mortuary Renovations: Pg 8
- Maternity Waiting Rooms Official Opening: Pg 8
- Quality Workshop: Pg 9
- Helping Hands of Good Shepherd - The People of Japan: Pg 9

### HR Buzz:

- Human Resource News & New Appointments: Pg 11

### Lifestyle & Wellness:

- Keeping Up With Good Shepherd - News & Events Update: Pg 5
- Celebrating Culture at Good Shepherd: Pg 11
- Sports & Wellness: Pg 12

## Contact Details

Good Shepherd Mission Hospital and College of Nursing  
Palata Road | Siteki | Swaziland  
P.O. Box 2 | Siteki | Swaziland  
Tel: (+268) 2343 4133 / 34 / (+268) 2343 6672/3  
Fax: (+268) 2343 4003 / (+268) 2343 4997

## DISCLAIMER

“*The Good News*” is published by the GSMH. All rights reserved. No content from this publication may be reproduced in any form, in whole or part thereof, without prior permission from GSMH. The views and opinions expressed in this publication are not necessarily those of the publisher, its agents, advertisers or business partners. Whilst every effort has been made to ensure the accuracy of the content and advertisement, GSMH its agents and associated will not be held responsible for any omissions or errors, or for any misfortune, injury or damage which may arise thereafter.

*The Good News: Good Shepherd Mission Hospital & Nursing College Newsletter*
From The CEO’s Desk...

On behalf of our leadership and staff at Good Shepherd Hospital, we want you to know that the mission to nurture health and protect priceless lives was at the core of our genesis in 1949; it is the reason we exist today. The human body is Priceless; it is exactly for this reason that we at Good Shepherd Hospital, Value Life. Patients from over the four (4) regions of the country and neighboring countries visit our Hospital every year and our Hospital has touched over millions of lives in the last 68 years. This incredible journey has taught us we should stop at nothing to do what we can to protect our patient’s health and well being. We believe that we have a responsibility to help them fight the pain of disease and to give them the most appropriate treatment to put them on the road to recovery.

I know from my personal experience that our hospital is truly unique. Our caregivers are comprised of people you know—your friends, family and neighbors. Customer satisfaction is a top priority for us. Our entire healthcare team works diligently to provide excellence in service. We take great pride in not only meeting, but exceeding your expectations. This is also reflected from our newest member of staff. This legacy is also expected to be embodied by the newly appointed members of the hospital administration, mainly because the outgoing administration members were a living model of professionalism, respect, integrity, dedication and serving with excellence.

For over six decades we have been inspired by the dream of a healthy Kingdom of Swaziland. We have taken several transformative steps towards this goal. Our drive is powered by our deep respect for the power of good health and the miracle of the human body. Without good health, we know that life stands on a brittle foundation. We therefore seek to educate people on the importance of Preventive Health to protect them from a potentially uncontrollable disease burden.

Our commitment to health and our philosophy of valuing life—our defining legacy—is epitomized by our every day practices and performance. Our Hospital has led landmark changes in the Swaziland Healthcare ecosystem, through differentiated offerings, be it initiatives which benchmark our clinical excellence, our Preventive Health programme, our clinical protocols and pathways with best in class outcomes, or patient centric care giving.

At Good Shepherd Hospital, we have always believed the pursuit of excellence to be a relentless series of short races. To excel continuously means we have to win consistently. Today, Good Shepherd Hospital is one of the largest and most trusted integrated healthcare providers in Swaziland. At the core of this achievement is our patient-centric approach and our strong commitment to the highest standards of ethics. Every initiative of the Good Shepherd Hospital is measured by the value we are adding to patient experience.

Globally, the healthcare sector is getting disrupted through emerging digital trends and Swaziland is no exception to this. We are rolling out a well-thought-out strategy to leverage technology towards enhancing customer experience and loyalty, analytics, patient outreach and access. Technology also affords us a new way of thinking—it brings with it the power of collaboration and one important initiative in this regard, is the concept of Preventive Healthcare.

We have adopted the following values and believe them to be key to our success. You can expect that we will; be professional; be respectful; act with integrity; be dedicated and; Serve you with excellence.

We want to be your healthcare team of choice; experience the difference we can make.

Mrs D.C. Simelane

EDITOR’S NOTE

It gives me great pleasure to present to you, our valued readers, the first edition of Good Shepherd Mission Hospital & Nursing College’s official newsletter - The Good News. This publication is among several milestones that have been achieved in a busy 2017, a year full of blessings for the organization and community at large.

In this first issue of The Good News we look back to various developments that have occurred across the hospital and college and further celebrate the community that is Good Shepherd Mission Hospital & Nursing College. Amongst these celebrations is the Graduation of the Good Shepherd Nursing College Class of 2017, receipt of a Mobile Healthcare Clinic and other equipments from The People of Japan, the official opening of the Maternity Waiting Rooms funded by The World Bank and donation from the FNB Foundation towards the renovations of GSMH’s Mortuary but to name a few. In embracing our community, also shared in this issue are stories of the Good Shepherd football club, cultural celebrations attended to by our staff and various other community engagements.

Community, people and wellbeing form an integral part Good Shepherd family. Through this essence, this newsletter aims to spread “The Good News” of Good Shepherd Mission Hospital and College of Nursing whilst providing valuable news and information to you our valued readers. We hope that you enjoy the read.

Mr M.E. Simelane
KEEPING UP WITH GOOD SHEPHERD

Here are a few snaps from some of our recent events and outings...

Good Shepherd College of Nursing 2017 Graduation Ceremony

Class of 2017 graduates posing for a selfie.

His Excellency Bishop José Luis Ponce de León (C), Father Victor Mabuza (L) and Father M. Makama (R) in good spirits on arrival of graduation ceremony.

Good Shepherd College of Nursing Principal Mrs Mhlongo-Manana posing with Class of 2017 graduates.

UNISWA Vice Chancellor Prof. C.W.M Magagula presents a graduate with their new certificate.

Members of the Good Shepherd college of Nursing Choir entertaining dignitaries, staff, graduates, parents and other guests during the 2017 graduation ceremony.

Proud staff and parents listening to speeches and remarks being made during the ceremony.

Minister of Education Hon. Dr Phineas Magagula making his address during the 2017 Graduate Ceremony.

UPCOMING EVENTS AND KEY CALENDAR DATES

- JAN 1: New Years Day | Nationwide Event | Public Holiday
- FEB 4: World Cancer Day | International Awareness Day | Awareness Date
- FEB 12: International Epilepsy Day | International Awareness Day | Awareness Date
- MAR 24: World TB Day | International Awareness Day | Awareness Date
- MAR 30: Good Friday | Nationwide Event | Public Holiday
- APR 2: Easter Monday | Nationwide Event | Public Holiday
- APR 7: World Health Day | International Awareness Day | Awareness Date
- APR 19: King’s Birthday | Nationwide Event | Public Holiday
- APR 25: World Malaria Day | International Awareness Day | Awareness Date
- APR 25: National Flag Day | Nationwide Event | Public Holiday
- MAY 1: Worker’s Day | Nationwide Event | Public Holiday
- MAY 10: Ascension Day | Nationwide Event | Public Holiday

SAVE THE DATE

...mark these dates for exciting upcoming events and key calendar dates...

BHAMBHAM SURVIVOR
Annual walk up the historical BhamBham Mountain in Siteki is organized by the hospital’s Wellness Clinic as a fun team building exercise for employees.

PHILANI MASWATI BIGGEST BRAAI
Charity fund raising event hosted by Philani Maswati and attended by thousands.

MAGADZAVANE CHARITY WALK
Staff members participating in the walking event held in the serene Magadzavane area of Siteki.

We Have A New Logo!

Good Shepherd Mission Hospital & College of Nursing is pleased to announce the unveiling of our refreshed logo.

While keeping an overall traditional feel, our new logo also incorporates some contemporary elements to keep up with the times.

We look forward to sharing our logo with our stakeholders through our various engagements.
Good Shepherd Mission Hospital, according to the teachings of the Roman Catholic Church, believes that to be healthy one has to be able to live in a harmonious relationship with the family, community, environment, God Almighty and with oneself. This is believed to be a dynamic state of wellbeing of people which we want to share and build up through our caring. It is also in our mission that we improve the health of the people served by providing comprehensive health care services through committed staff within the context of the Catholic Church.

Medical departments at Good Shepherd Mission Hospital are strategized to attend our client’s specific issues by gender and age. These departments are namely: ENT Department, Eye Clinic, Dentistry, Out Patient Department, Community, Administration, Wellness, Pharmacy, In-Patient Department. These departments, well known as wards, attend to both medical and surgical ailments to our clients. The wards are equipped with well trained medical staff and support staff. It is worth noting that we pride ourselves in being the lead referral hospital in the Lubombo region, expected to attend to all clients coming from clinics throughout the whole region.

The core values guiding the hospital departments include offering comprehensive health services through highly qualified staff and specialists. We use approved hospital standards, procedures and guidelines in our service provision. The hospital conducts regular performance audits based on quality assurance standards and there is provision of results-oriented health care, using evidence based methods.

The departments are guided by professional ethics and respect individual religious beliefs, allowing people to observe their religious rites. The teams in each department demonstrate mutual respect for each other and have a harmonious relationship within staff, patients and the public. There is also demonstration of support and collaborate with each other through multi-skilling, and an indication of good conflict resolution approach.

As our own CEO usually says “We take great pride in not only meeting, but exceeding your expectations”, we believe that these departments are exceeding their best to meeting the vision of Good Shepherd Mission Hospital.

Good Shepherd Hospital TB clinic

From 2005, in Swaziland cases of Drug Resistant TB were on the raise. In 2009 the government built the National TB Hospital in order to manage all cases of Drug Resistant TB in the country.

Despite that, cases of Drug Resistant TB kept increasing in all the regions of Swaziland. For that purpose the National Tuberculous Control Program in agreement with the Ministry of Health decided to decentralize Drug Resistant TB services in all the four regions in order to reduce the burden on the National TB Hospital.

In Lubombo, there are two initiation sites or Drug Resistant TB clinics: Sithobela for Lubombo south and Good Shepherd Mission Hospital for Lubombo north. Drug Resistant TB services started at Good Shepherd Hospital in June 2014. From June 2014 up to date, 71 patients have been registered at GSH.

Good Shepherd TB clinic is responsible in the Lubombo North currently working hand in hand with eleven (11) clinics which are: Ebenezer clinic, Simunye company clinic, Vuvulane clinic, Mhlume company clinic, Tikhuba clinic, Mambane clinic, Sigcaweni clinic, Mpaka Refugee Camp clinic, Lomahasha clinic, Shewula Nazarene clinic and Mpolonjeni clinic. Patients are usually seen at GSMH on monthly basis for follow up and refills.

In mid-2016 the team realised that the number of clients was in the rise. This became a challenge to provide quality assessments, reviews and proper refills for our clientele. At the same time, patients were experiencing financial problems which ultimately led them to miss their appointments, therefore interrupting their treatment.

In view of all these, the team decided to start the outreach program by
Quality Workshop
Good Shepherd - Driven To Provide Quality Assured Healthcare Services

The Good Shepherd Mission Hospital and Management authorized the establishment of the Quality Management and Improvement (QMIP) in 2007 to improve organizational performance and patient care. The purpose of QMIP is to coordinate hospital activities and processes so as to improve organizational performance through quality management principles, ensuring quality health care services to all clients all the time.

Helping Hands to Good Shepherd Mission Hospital & College of Nursing:
The People of Japan

Good Shepherd Mission Hospital (GSMH) recently and gratefully received a Mobile Healthcare Clinic and other medical equipments from The People of Japan. Here are a few pictures from the unveiling of the donations and hospital tour.

- The People of Japan representative posing in front of a donated Mobile Healthcare Clinic with Good Shepherd Mission Hospital & College of Nursing Governing Board Members, Management and Staff.
- The People of Japan representative presenting a donated Mobile Healthcare Clinic to Good Shepherd Mission Hospital & College of Nursing Governing Body Chairperson Dr Khosi Mthethwa.
- A GSMH Medical Doctor explains the features and use of the specialized machinery donated by the People of Japan to VIP guests, Governing Body Members, Management and Staff.

World Bank Donates Maternity Waiting Rooms

1) Maternity Waiting Room Out Building.
2) Inside the newly built and equipped Maternity Waiting Rooms.
3) GSMH CEO discussing the new Maternity Waiting Rooms with World Bank representatives and GSMH Management and Staff.
Good Shepherd Mission Hospital & College of Nursing And Partners At A Glance.

As a non-profit organization Good Shepherd Mission Hospital (GSMH) has a number of local and international strategic partners that assist in the development of the hospital and surrounding community, namely: CBM, URC, COMDIS, UNICEF, Young Heroes, Swaziland Government, World Bank, FNB Foundation, The People of Japan (Japn Embassy) and many more. Here are a snippets of our engagements with our partners

GSMH & COMDIS-HSD Tackle Public Health
The Public Health department at GSMH works in partnership with a UK-based organisation, COMDIS-HSD. COMDIS-HSD is a Research Programme Consortium funded by UK aid from the UK government and has been working in partnership with GSMH for over 15 years to support research and development of integrated, community-based TB, HIV-ART and NCD services for GSMH, Lubombo community clinics and community treatment supporters. Some of the projects the department has been involved in include:

- Digital Stories Workshop.
- Multi-Drug Resistant Tuberculosis (MDR-TB) Treatments.
- Quality Improvement Programme (QIP) for Drug Resistant Tuberculosis (DR-TB).
- Psychosocial Support Program for individuals living with HIV and TB

New Eye Clinic OPD Building
CBM/German Government has funded a new Eye OPD and Laser/procedure building. Currently the project is near completion.

Mortuary Renovations
FNB Foundation donated E 500 000.00 towards the renovations of Good Shepherd Mission Hospital mortuary. This donation will help the hospital improve and add the following services which are:

- Relatives Waiting Area
- Decomposed Bodies shed
- Doctors office
- Reception Area

Official Opening: Maternity Waiting Rooms
On the 10th of September 2017, The World Bank officially handed over the maternity waiting rooms keys to GSMH. This project is set to be fully completed by September 2018, however the rooms may start operating.

The Hospital CEO, in hand with the management, were very impressed by the building and its equipment. The CEO expressed the heart-felt gratitude of the Governing Body, Management and Staff as this is great improvement to the hospital. The World Bank was also happy about the new building since hospital clients will feel at home when they visit the hospital in addition to the project being in line with the King’s Vision 2022 goals.
Quality Workshop
Good Shepherd – Driven To Provide Quality Assured Healthcare Services

The Good Shepherd Mission Hospital and Management authorized the establishment of the Quality Management and Improvement (QMIP) in 2007 to improve organizational performance and patient care. The purpose of QMIP is to coordinate hospital activities and processes so as to improve organizational performance through quality management principles, ensuring quality health care services to all clients all the time.

Helping Hands to Good Shepherd Mission Hospital & College of Nursing:
The People of Japan

Good Shepherd Mission Hospital (GSMH) recently and gratefully received a Mobile Healthcare Clinic and other medical equipments from The People of Japan. Here are a few pictures from the unveiling of the donations and hospital tour.

Above: The People of Japan representative posing in front of a donated Mobile Healthcare Clinic with Good Shepherd Mission Hospital & College of Nursing Governing Board Members, Management and Staff. Above: The People of Japan representative presenting a donated Mobile Healthcare Clinic to Good Shepherd Mission Hospital & College of Nursing Governing Body Chairperson Dr Khosi Mthethwa.

Above: Dr...explain the features and use of the specialized machinery donated by the People of Japan to VIP guests, Governing Body Members, Management and Staff.

World Bank Donates Maternity Waiting Rooms

1) Maternity Waiting Room Out Building.
2) Inside the newly built and equipped Maternity Waiting Rooms.
3) GSMH CEO discussing the new Maternity Waiting Rooms with World Bank representatives and GSMH Management and Staff.

The Good News: Good Shepherd Mission Hospital & College of Nursing Newsletter
PHUMLILE SIKHONDZE'S SUCCESS STORY

Phumlile Sikhondze is a 41 years old female from Sinceni who was admitted at Good Shepherd Mission Hospital (GSMH) female ward in February 2015.

PHUMLILE'S MEDICAL HISTORY
Phumlile had been taking antiretroviral medication since 2003 and in 2014 she started having swelling of the lower legs which started radiating to the abdomen. Her condition started getting worse with open Kaposi’s sarcoma lesions which were offensive draining. Soon she was bed bound with severe pain.

PHUMLILE'S NEXTS MOVE
With all the frustration and fears, Phumlile decided to ask her relatives to bring her to GSMH. She was admitted in the female ward and was registered under the Palliative Care Program in a critical condition by the team.

Phumlile was reviewed by the Palliative Care team and put on oral antibiotics with an aggressive pain control medication of morphine. Unfortunately, her prognosis remained very poor with severe shortness of breath, disseminated Kaposi’s sarcoma lesions, cardiomegaly and pleural effusion.

BENEFIT OF CHEMOTHERAPY WEIGHED
As part of symptom control, benefits of doing chemotherapy was weighed and the feeling from some doctors was that she was too sick and weak to tolerate the procedure.

CHEMOTHERAPY TRIAL AGREED ON
Ultimately a doctor working in the ART Clinic recommended a trial session of chemotherapy to be given. The Palliative Care team then made arrangements to accommodate Phumile while she was to undertake her chemotherapy treatment at GSMH.

RESPONSE TO CHEMOTHERAPY
The first cycle of chemo was well tolerated and Phumlile was booked for follow up sessions. By the time she was doing her fourth cycle there was tremendous improvement with less swelling and shortness of breath and some lesions were healing well.

By the time she was coming for her sixth cycle she was walking alone with no shortness of breath. Pain was greatly reduced and her morphine demand was not high as pain was graded as moderate.

HOW IS PHUMLILE NOW
Phumlile today is a completely different woman with no swelling and pains, she has gone back to her work where she does some marketing in Manzini to earn a living.

She comes to the palliative care office when she has come to refill her medication and she has one special message “thank you Good Shepherd for giving a second chance to live when everyone had given up on me”

(All information and pictures have been published after consent was given by the client - PHUMLILE CAN BE CONTACTED@ +268 76308253)
LUTSANGO
FOR THE LOVE OF CULTURE

Good Shepherd Mission Hospital & College of Nursing Lutsango has 18 members and is nationally recognized as they form part of the national Lutsango from the Swaziland Ministry of Health. The GSHM Lutsango participates in Royal national events such as the renowned Buganu ceremony. They also take part in national health functions such as the National Health, Malaria, TB, Mental Health and AIDS day.

They are well known for their ability to compose songs as per the theme of the event. They are also celebrated for their excellent dancing skills and spectacular performances wherever they perform. They are also loved and appreciated within the institution such that they also get invites to grace functions and ceremonies hosted by some members of staff.

ABOVE: Some members of GSHM Lutsango pose with the Honourable Minister of Health Sibongile Ndela-Simelane.

Did You Know?

GSMH has a Sibhaca team consisting of a group of 10 employees who have love for the Swazi Culture and its traditional dance? The Sibhaca team is known for their exciting dancing skills which leave the audience in stitches of laughter and excitement. The team renders its performances during hospital functions like farewell functions and Christmas parties.

They also entertain crowds when invited by members of staff to grace their private functions.

The Good News: Good Shepherd Mission Hospital Newsletter
Good Shepherd Football Club
The hospital took a strategic direction in promoting wellness among its staff, and thus a team was formed which includes hospital employees and players from the community, so that the Good Shepherd brand is known and appreciated by all. The team slogan is “Improving The Quality of Life Through Sport”

Community Impact
The Good Shepherd Football Club has continued to play a major role in promoting positive behavior change. The team has provided HIV/AIDS testing, T.B screening, and awareness on drug and substance abuse. These services are provided by Good Shepherd Mission Hospital nurses when the team is fixtured.

Good Shepherd Football Club Gets Promoted
Following a splendid performance in the 2016/2017 season, the team was able to finish in position two from a team of eight, thus earning a promotion to division ‘A’. The team intends not to stay in this division as the main target is to be playing in the Super League next year.

The team management wishes to thank the hospital management and all those who supported the team financially and otherwise, notably Timely Textbooks for the soccer balls and Mduez Investment for the Team Kit/Jersey sponsorship. Good Shepherd F.C further appeals for sponsors and financial support for the coming season.